



# Installation Instructions

Part No. **2162v4**

Product: Running Boards

Application:

**Ford Explorer 2020+**

**Lincoln Aviator 2020+**

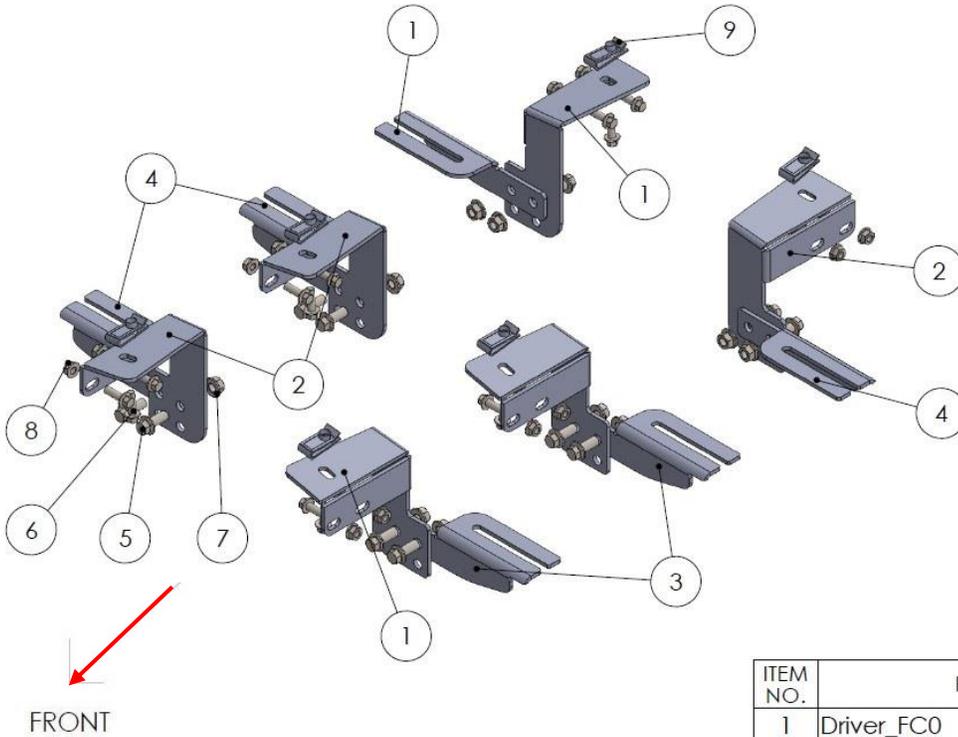
Level of Difficulty: **1** 2 3 4 5

Installation Time: 60 Min

REV 4 05/01/2022

| Hardware | Torque Aluminum | Torque Steel to Steel |
|----------|-----------------|-----------------------|
| M6 Bolt  | 3 ft-lbs.       | 14 ft-lbs.            |
| M8 Bolt  | 7 ft-lbs.       | 35 ft-lbs.            |
| M10 Bolt | 16 ft-lbs.      | 64 ft-lbs.            |
| M12 Bolt | 28 ft-lbs.      | 112 ft-lbs.           |

**ATTENTION:** Use correct torque settings to avoid damaging the running boards and or mounting brackets. Failure to do so will void your warranty. If you have any questions, please contact our technical team at 1-866-717-6645



| ITEM NO. | PART NUMBER               | QTY. |
|----------|---------------------------|------|
| 1        | Driver_FC0                | 3    |
| 2        | Driver_R0                 | 1    |
| 3        | Driver_FC1                | 2    |
| 4        | Driver_R1                 | 3    |
| 5        | M10x25 - Hex Flange Screw | 12   |
| 6        | M8x25 - Hex Flange Screw  | 18   |
| 7        | M10 - Hex Flange Nut      | 12   |
| 8        | M8 - Hex flange nut       | 12   |
| 9        | HTC 308 - M8 U-NUT        | 6    |

**2162 - EXPLORER [20+]**



1  
DRIVER SIDE FRONT-MIDDLE  
PASSENGER SIDE REAR  
BRACKET  
3 x QTY



2  
PASSENGER SIDE FRONT-MIDDLE  
DRIVER SIDE REAR  
BRACKET  
3 x QTY



3  
DRIVER SIDE FRONT-MIDDLE  
PASSENGER SIDE REAR  
BRACKET  
3 x QTY



4  
PASSENGER SIDE FRONT-MIDDLE  
DRIVER SIDE REAR  
BRACKET  
3 x QTY

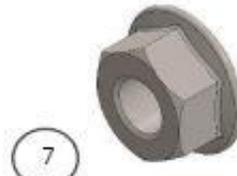
**HARDWARE**



5  
M8x25  
HEX FLANGE BOLT  
18x



6  
M8 HEX FLANGE  
NUT  
12x



7  
M10 HEX  
FLANGE NUT  
12x



8  
M10x25  
HEX FLANGE BOLT  
12x

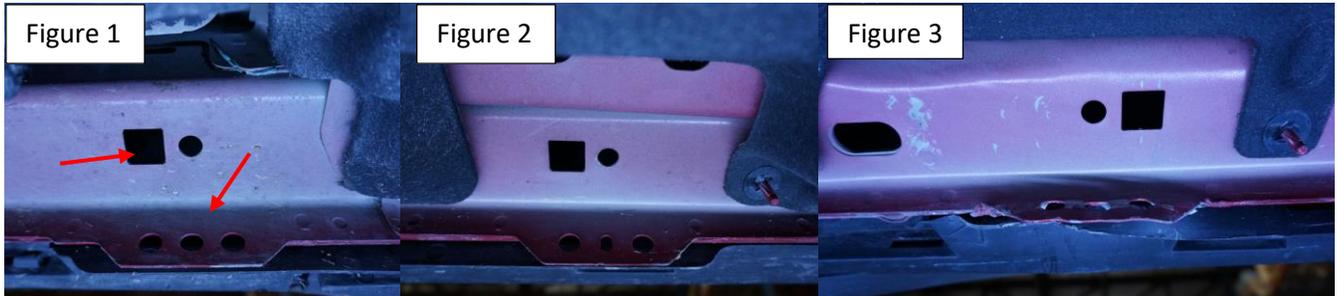


9  
HTC 308  
M8 U NUT  
6x

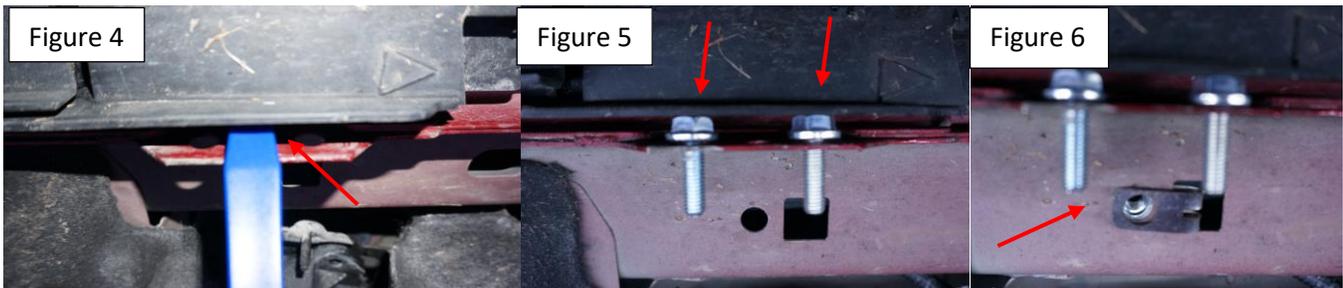
# Installation Instructions 2162 v3 Bracket Kit

**Important Install Tip:** Blue loctite is highly recommended.

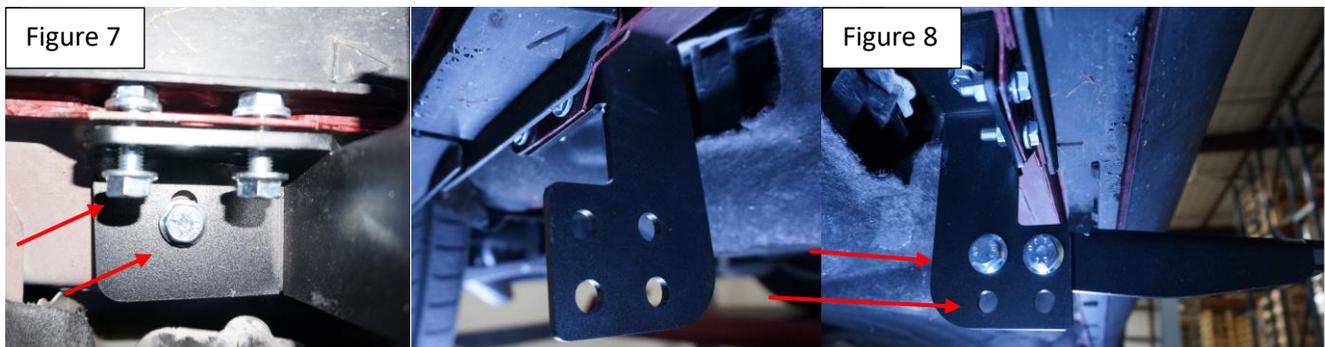
**Step 1:** Locate bracket mounting positions. These are all the same on all 3 mounting points. Figure 1 is front drivers Figure 3 is rear drivers. Note mounting points.



**Step 2:** Pry back the plastic panel enough to allow for two M8 bolts to be inserted into position Figure 1 and 2. Install provided M8 U-Nut #8 into opening Figure 6.



**Step 3:** Install main bracket using supplied hardware Figure 7. Do not tighten. Install attaching bracket on the corresponding hole. If you are working on a Ford Explorer, use the upper holes. Lincoln Aviator use lower holes Figure 8. Do not tighten. Repeat on all 3 positions.



**Step 4:** Proceed to last page of this manual for running board install instructions and torque values  
For Technicall support please call our team at 1-866-717-6645 and one of our experts will assist you with this installation

***Thank you for choosing Romik***

# Running Board Installation Instructions

**NOTE: Use of power tools will damage the bottom of the running board and void your warranty.**



**RAL / RB2 / REC / RCV / RZR**



**ROB / ROF / RPD**

- 1) Flip your Romik running boards onto a flat surface, make sure to place the running boards on a towel or cardboard in order to protect the surface Figure 1.
- 2) Loosen the M8 bolts on back of your running boards Figure 2. Depending on your model there will be either 6 or 8 bolts installed per side.
- 3) Once your brackets have been installed, place the running board onto the brackets as shown on Figure 3.
- 4) Adjust running boards, centering on vehicle. Hand tight M8 hardware on running boards.
- 5) Follow the torque procedures, torque M8 hardware to **7 ft-lbs** using a torque wrench.
- 6) Cleaning and maintaining your running boards is important, apply a light coat of a quality carnauba wax at least 2X per year. Wash often with mild soap and make sure to remove all soap residue. Many car automatic carwashes use a strong soap, make sure to use enough water to remove all residue.
- 7) Register your products at <https://romik.com/productregistration>
- 8) Warranty information at [www.Romik.com/warranty](http://www.Romik.com/warranty)